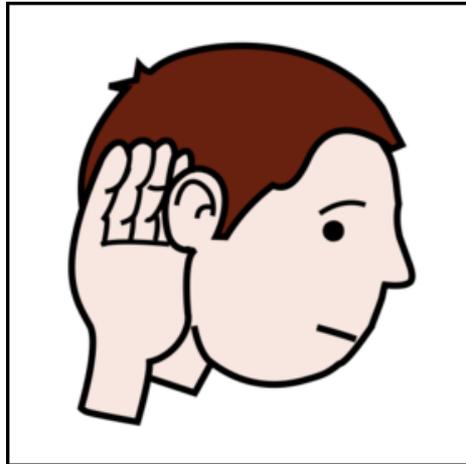
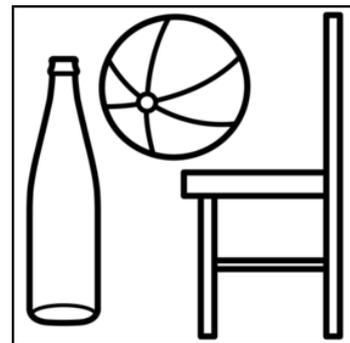
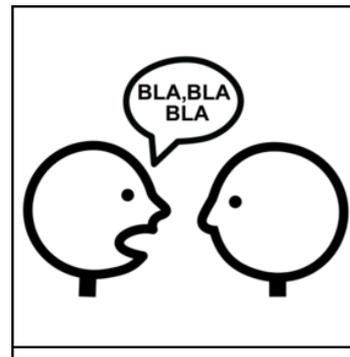
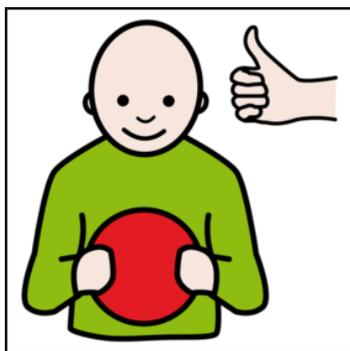
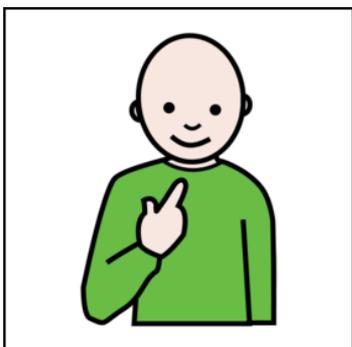


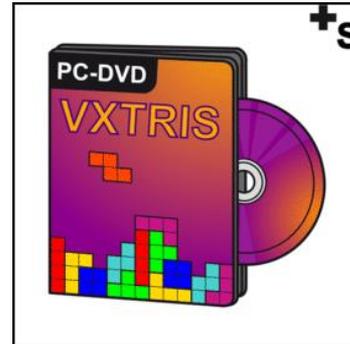
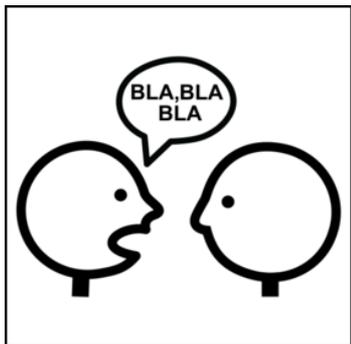
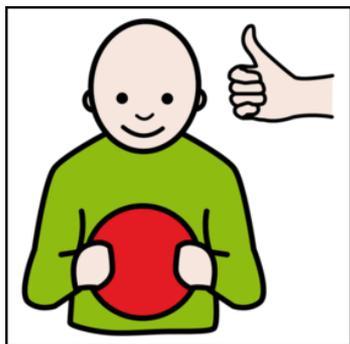
**Escuchar a las personas sin interrumpir.
Esperar para hablar. Esperar sin gritar.**



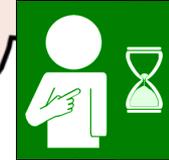
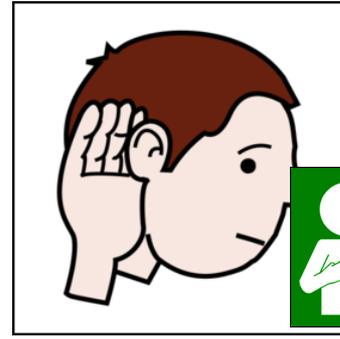
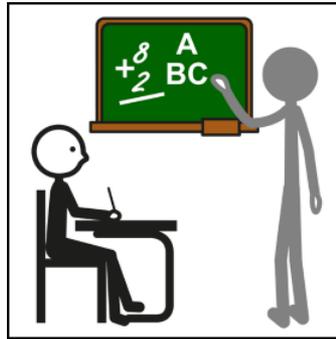
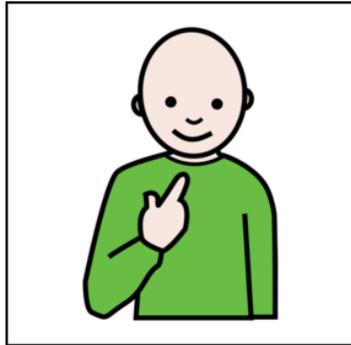
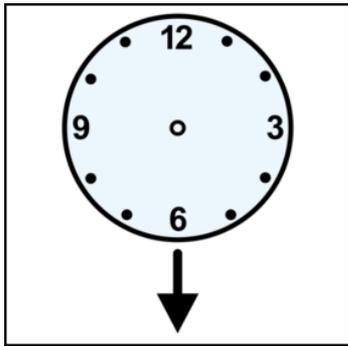
Parte adaptada de El sonido de la hierba al crecer



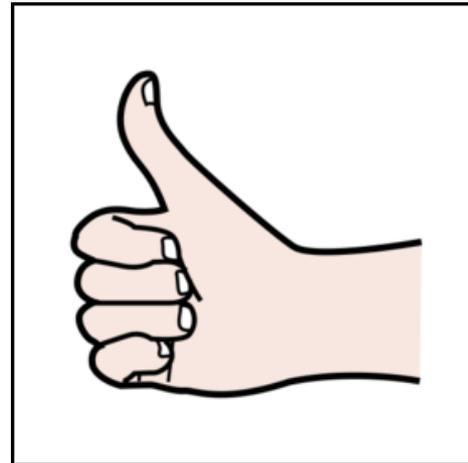
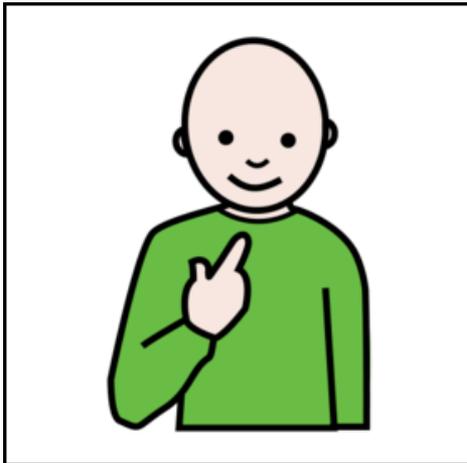
Yo soy Mario. Me encanta hablar de las cosas que me gustan.



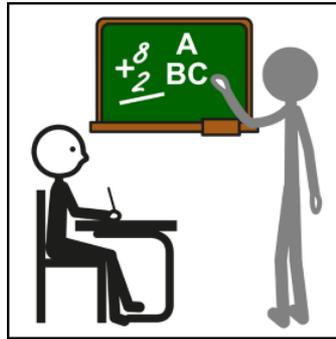
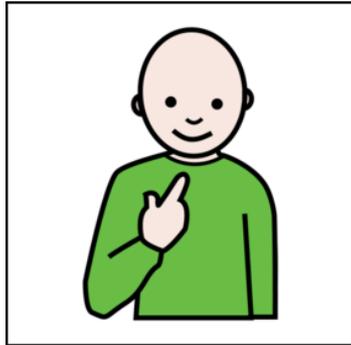
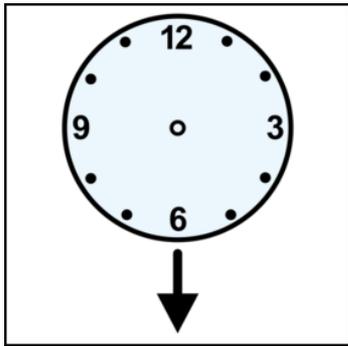
Me gusta hablar de cine, de vídeo juegos, de pelis de miedo.



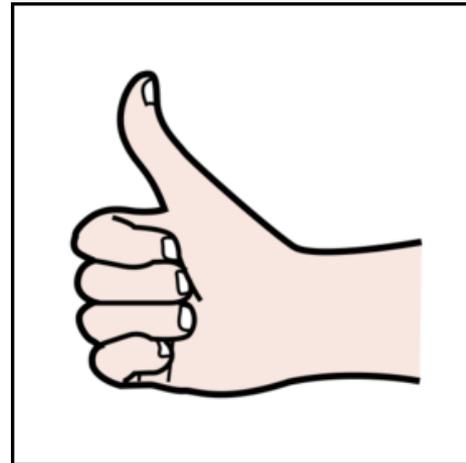
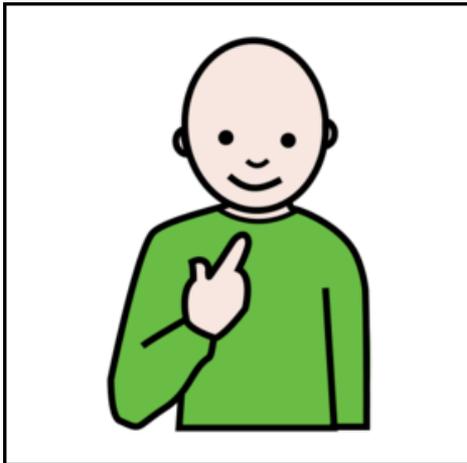
Ahora yo voy a aprender a escuchar y esperar sin interrumpir.



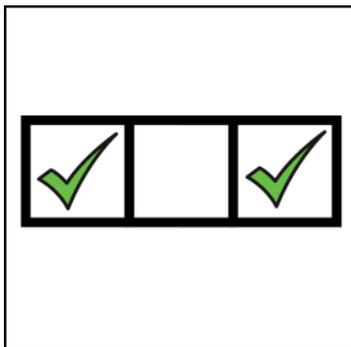
¡Yo lo voy a hacer muy bien!



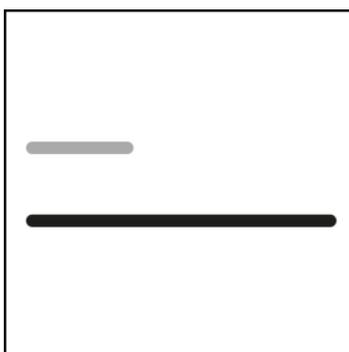
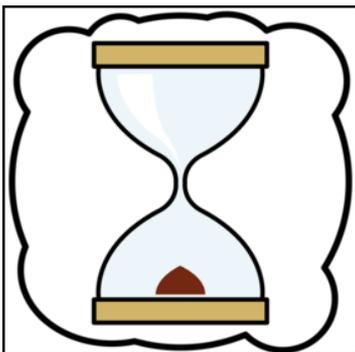
También voy a aprender a esperar sin gritar.



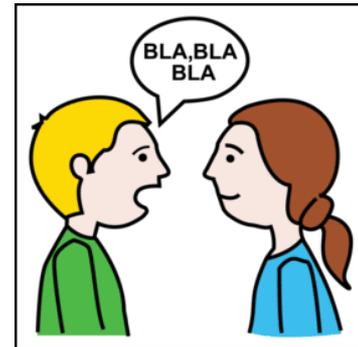
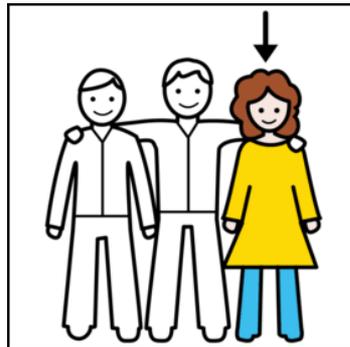
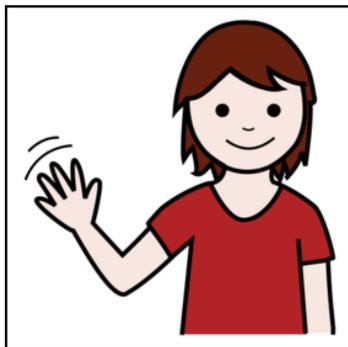
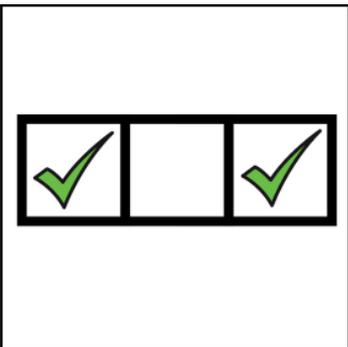
¡Yo lo voy a hacer muy bien!



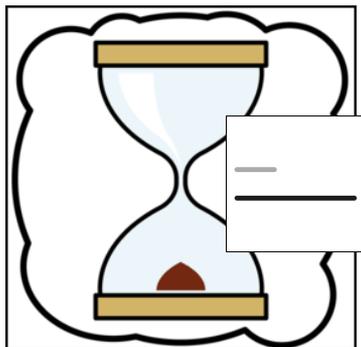
A veces papá o mamá están hablando por teléfono.



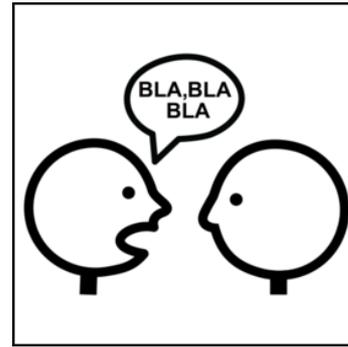
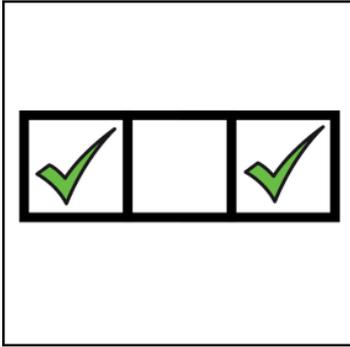
Como para mí hablan un rato muy largo, me impaciento e interrumpo



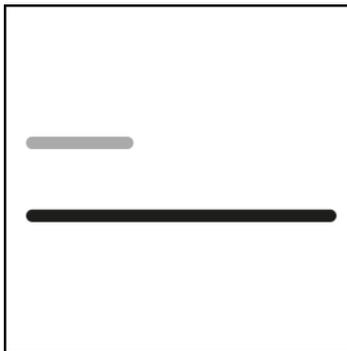
A veces mamá se encuentra con una amiga en la calle y habla



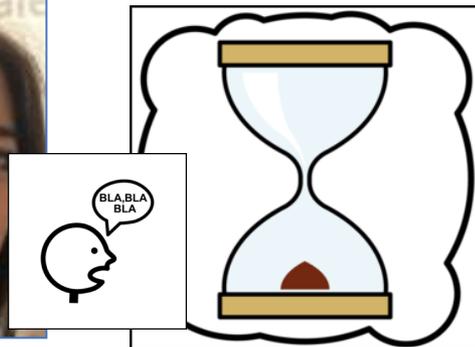
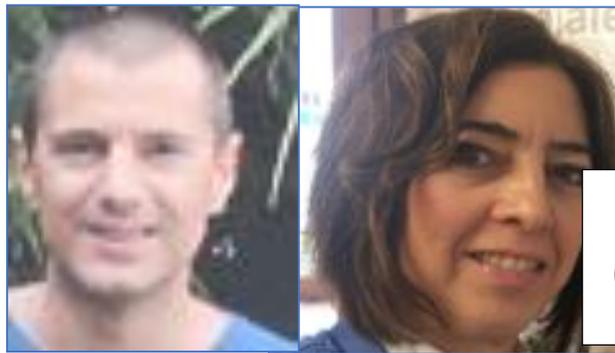
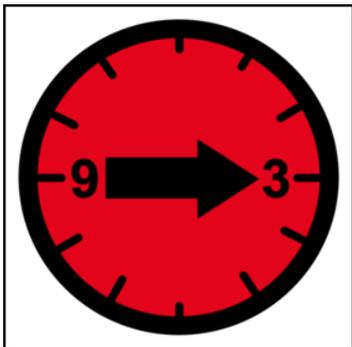
Como para mí hablan un rato muy largo, me impaciento, me pongo nervioso y me quiero ir



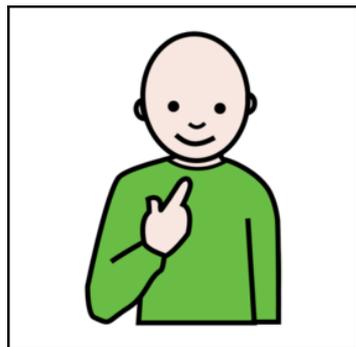
A veces papá y mamá están hablando de sus cosas.



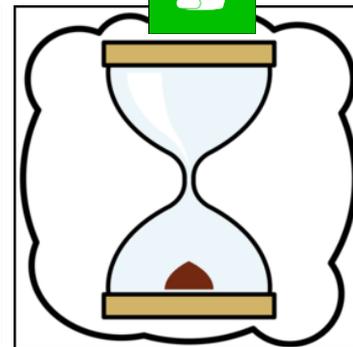
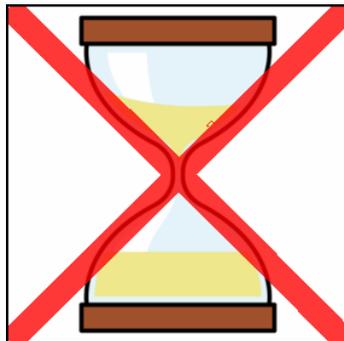
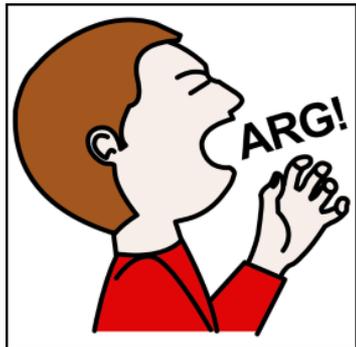
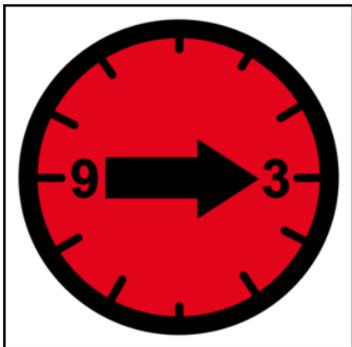
Como para mí hablan un rato muy largo, me impaciento e interrumpo



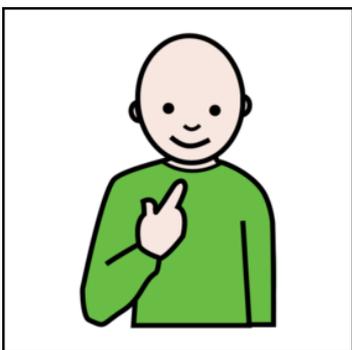
Quando interrumpo, papá y mamá me dicen que espere.



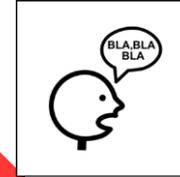
Entonces me impaciento, me pongo muy nervioso e interrumpo.



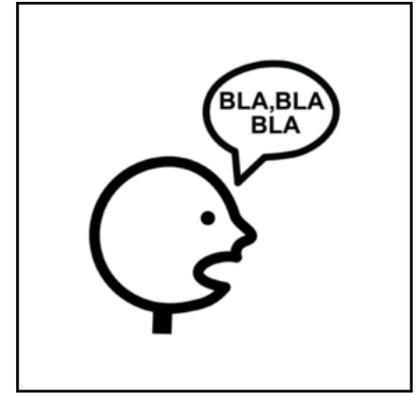
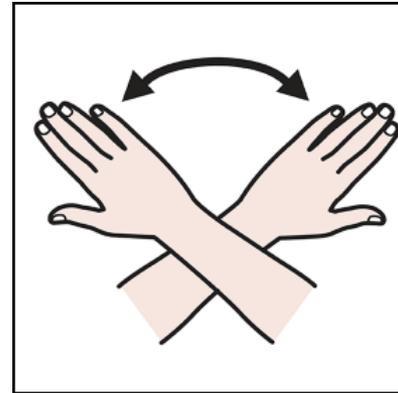
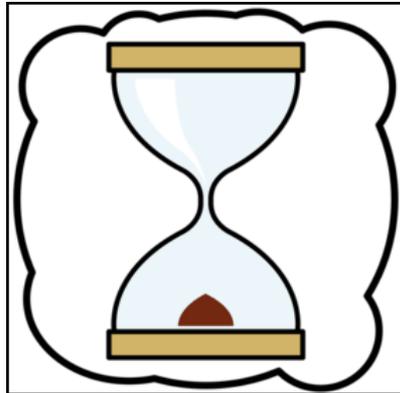
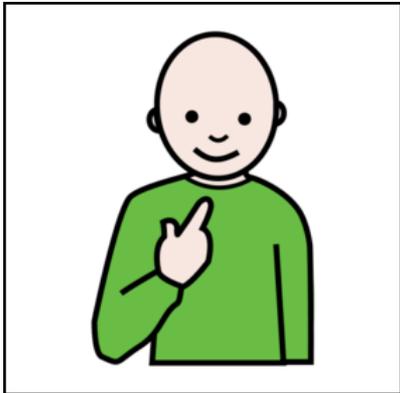
**Cuando grito porque no quiero esperar,
mis papás me dicen que no grite y que espere**



Entonces me impaciento más, me pongo muy nervioso, grito e interrumpo.



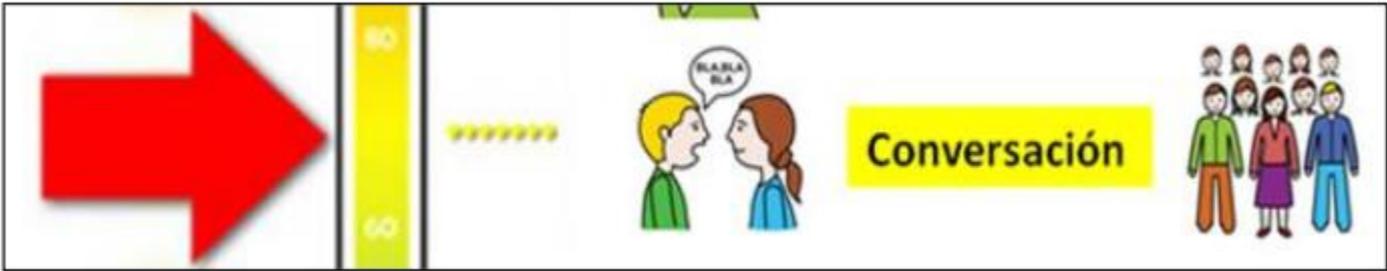
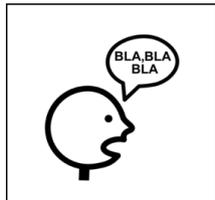
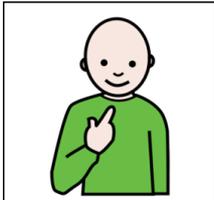
Interrumpir a otras personas no está bien.



Yo debo esperar a que acaben de hablar



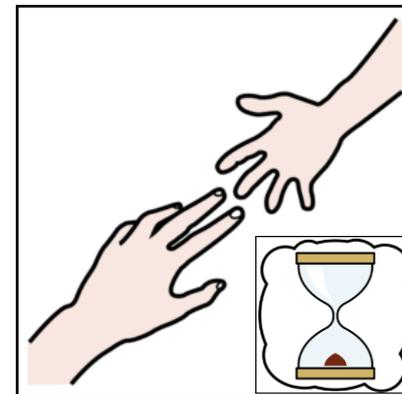
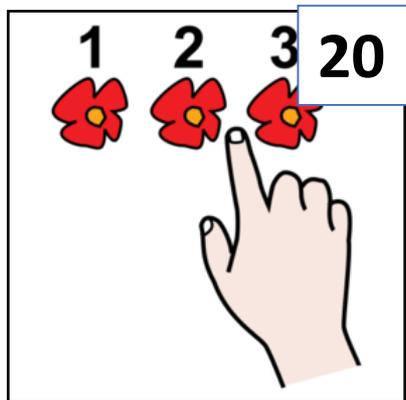
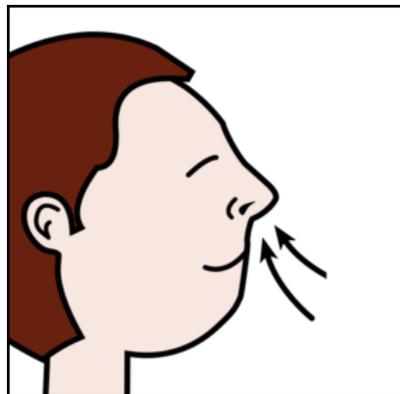
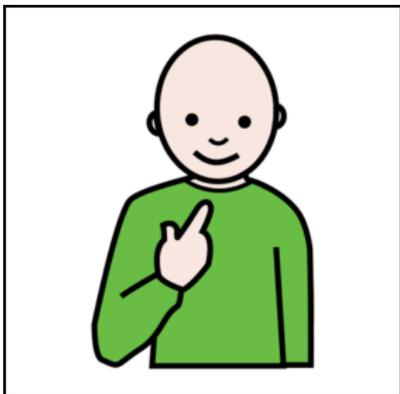
Gritar a otras personas no está bien.



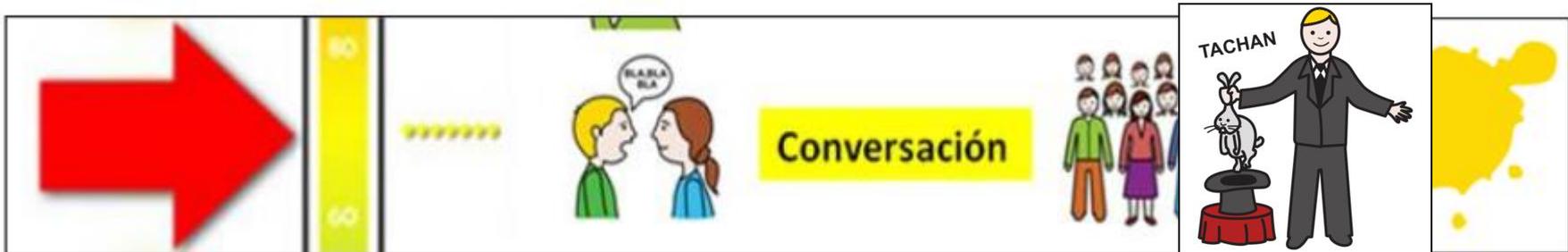
Yo debo hablar en tono 3, tono de conversación.



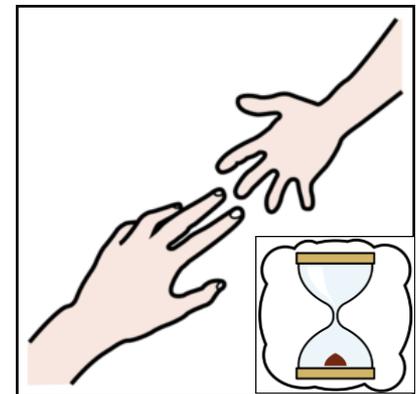
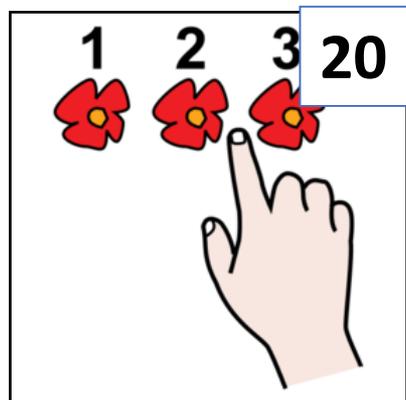
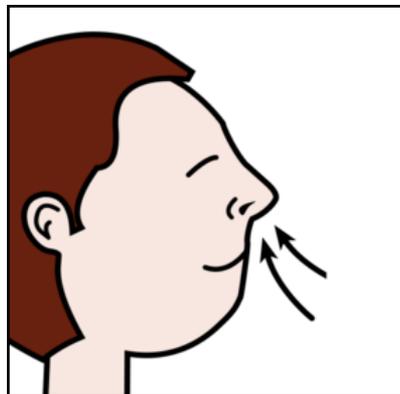
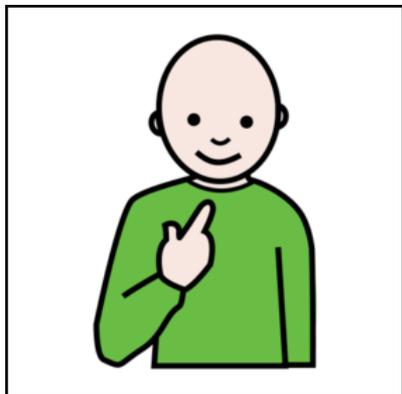
Para esperar sin ponerme impaciente tengo unos trucos.



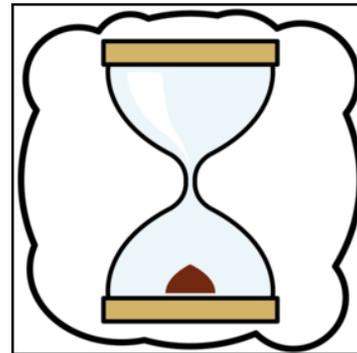
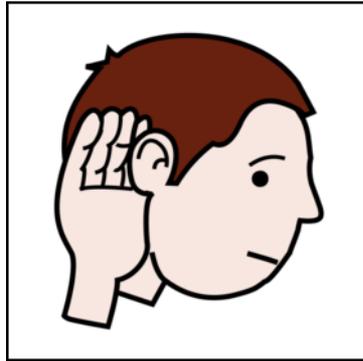
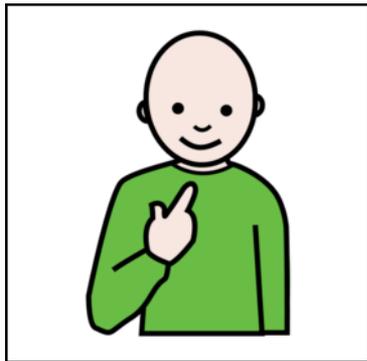
Puedo respirar hondo. Puedo contar hasta 20. O puedo pedir ayuda.



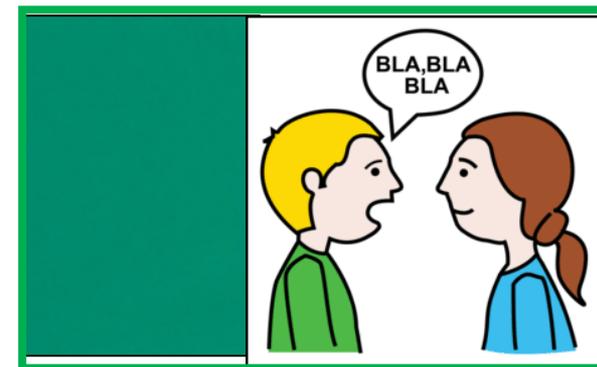
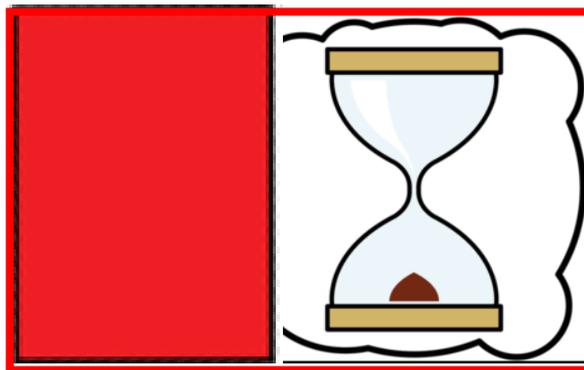
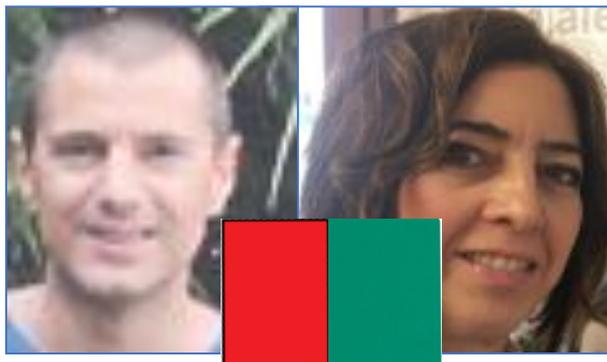
Para hablar en tono 3 tengo unos trucos.



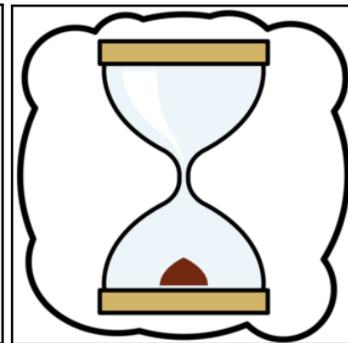
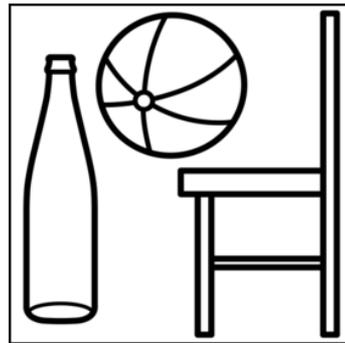
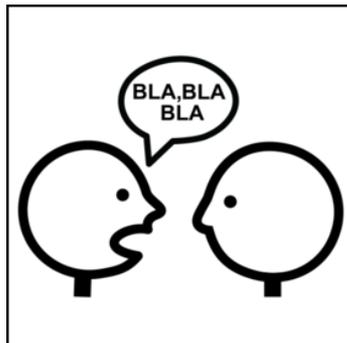
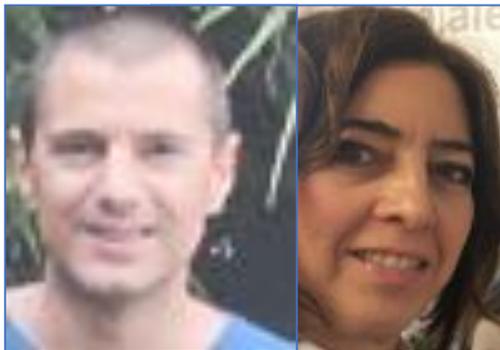
Puedo respirar hondo. Puedo contar hasta 20. O puedo pedir ayuda.



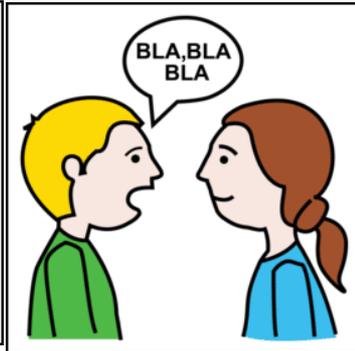
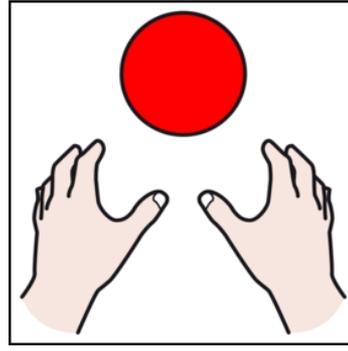
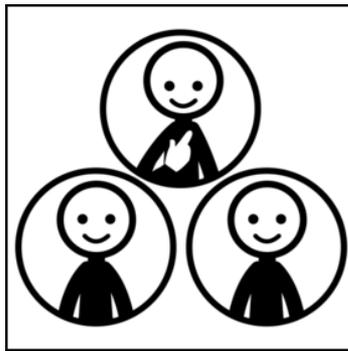
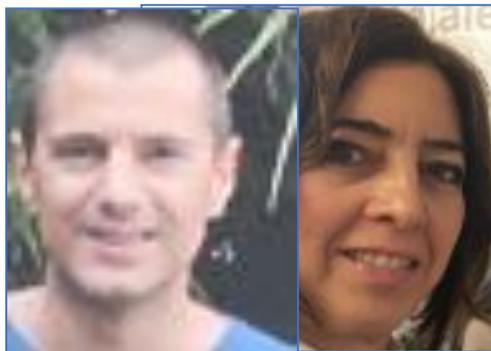
Yo voy a practicar escuchar y esperar sin interrumpir



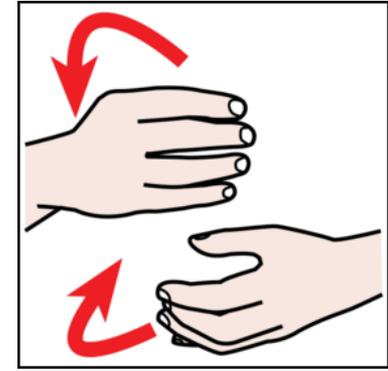
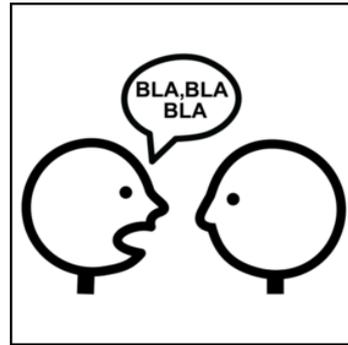
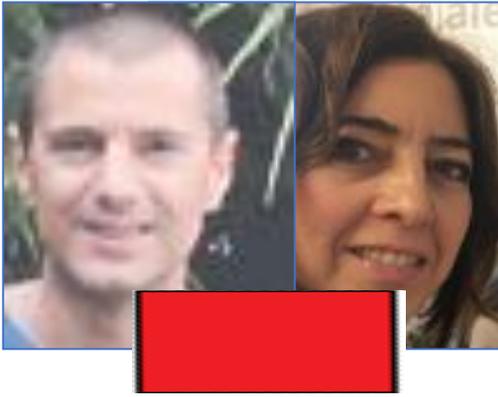
Mis papás tienen dos tarjetas. La roja es esperar. La verde es hablar.



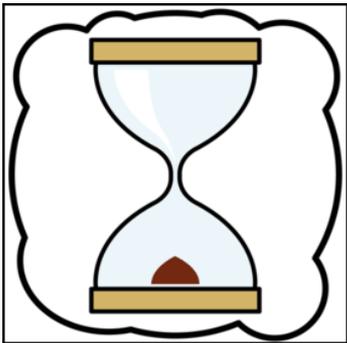
**Si me enseñan la tarjeta roja, están hablando de sus cosas.
Tengo que esperar.**



Si me enseñan la tarjeta verde, es mi turno, puedo hablar



Papá y mamá están hablando con tarjeta roja. ¿Qué debo hacer?

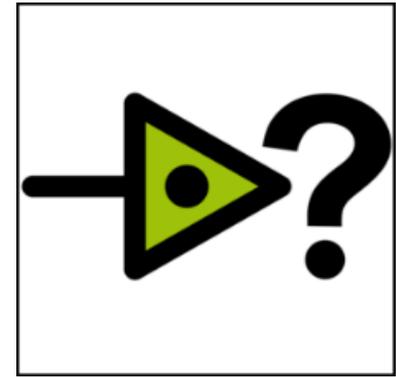
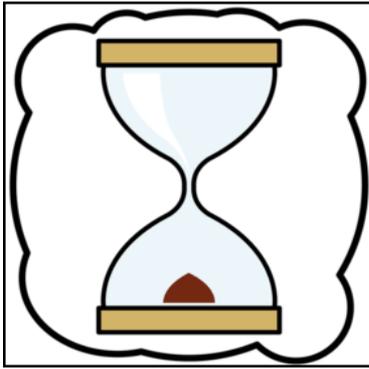


esperar

gritar

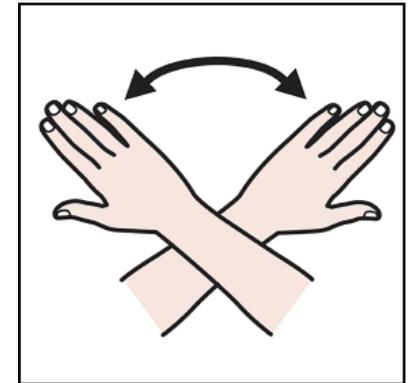
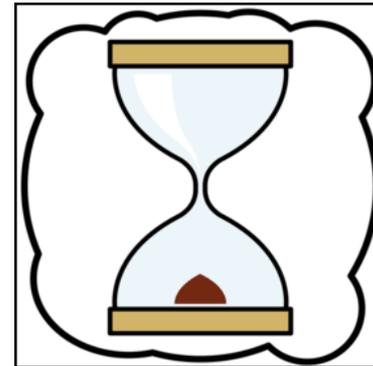
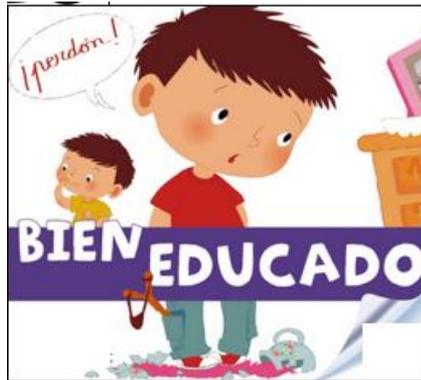
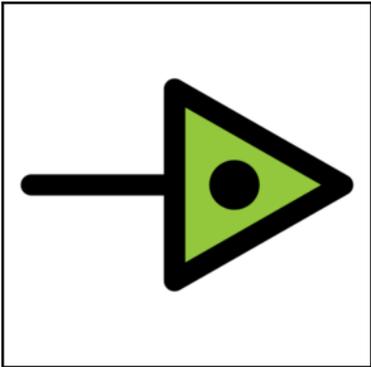
taparles la boca

interrumpir

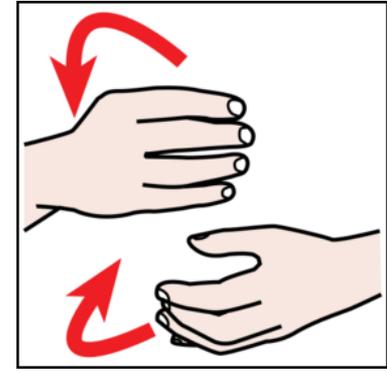
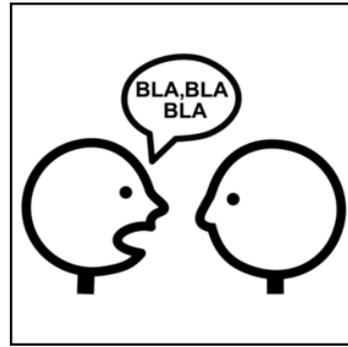
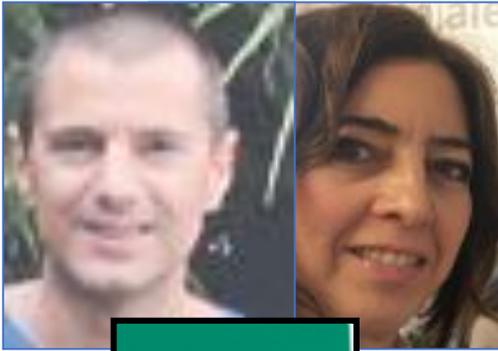


Debo esperar. ¡Muy bien!

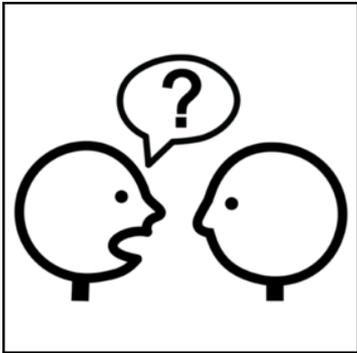
¿Por qué?



Porque debo ser educado y esperar a que acaben.



Papá y mamá están hablando con tarjeta verde. ¿Qué debo hacer?

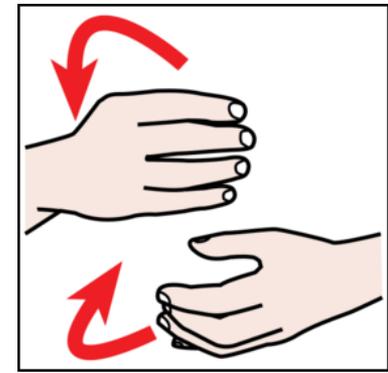


**Preguntar:
¿puedo
interrumpir?**

gritar

taparles la boca

interrumpir



Mamá está hablando por teléfono, ¿qué debo hacer?

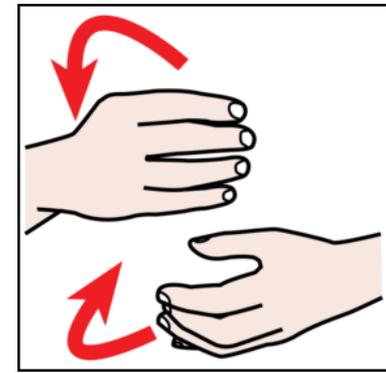


esperar

gritar

taparle la boca

interrumpir



Mamá está hablando por teléfono, ¿qué debo hacer?

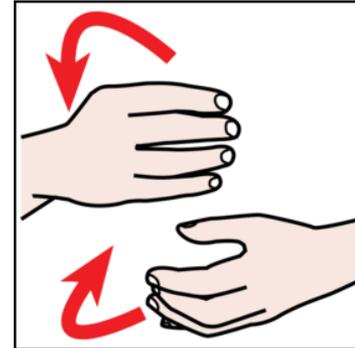
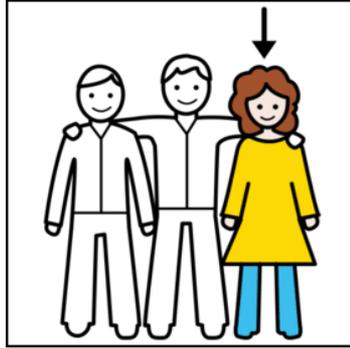
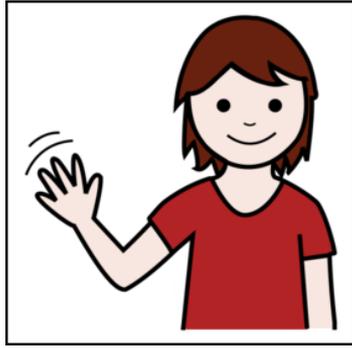


esperar

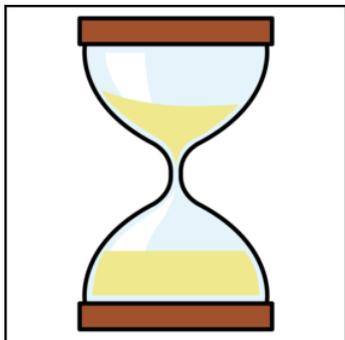
gritar

taparle la boca

interrumpir



Mamá se encuentra con una amiga por la calle. ¿Qué debo hacer?



esperar



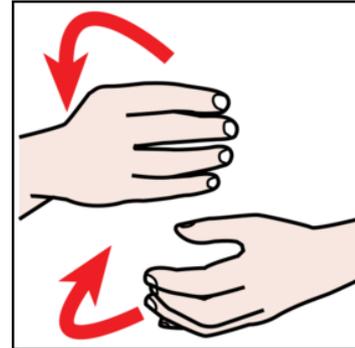
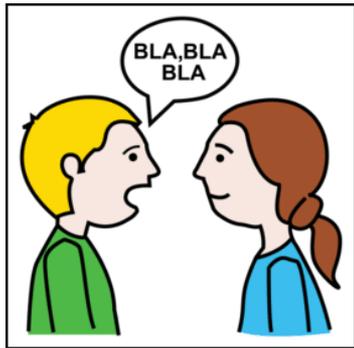
gritar



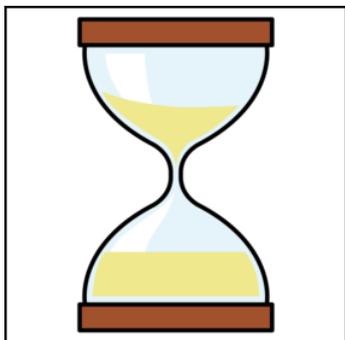
irme



interrumpir



**Mamá le está contando a papá qué ha hecho en la oficina hoy.
¿Qué debo hacer?**

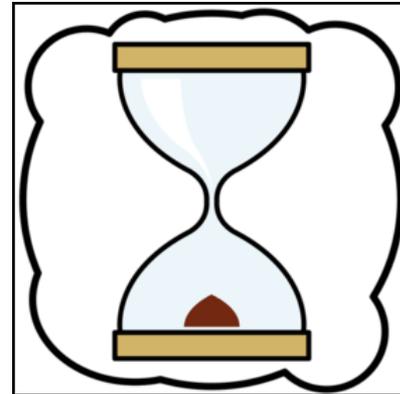


esperar

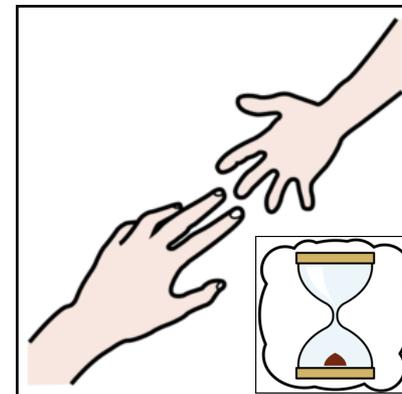
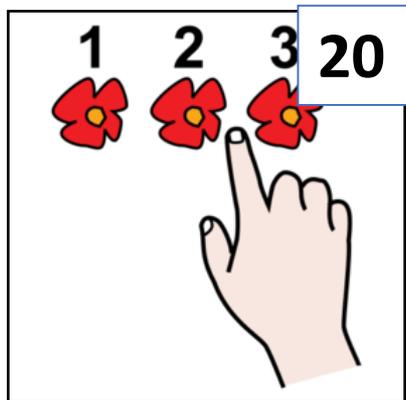
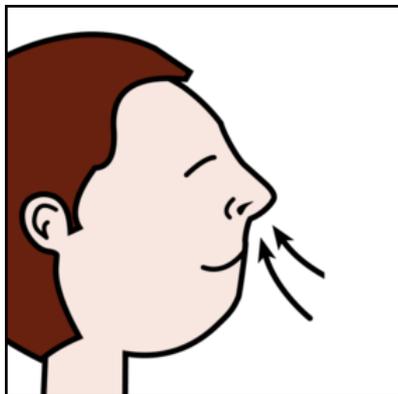
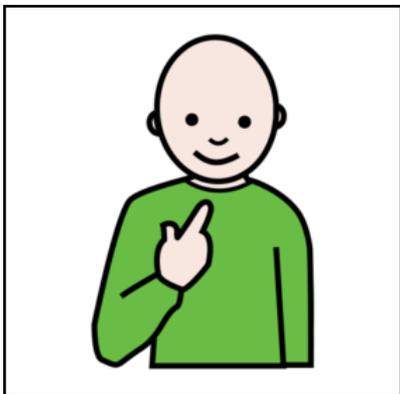
gritar

irme

interrumpir



Yo recuerdo mis trucos para esperar.



Puedo respirar hondo. Puedo contar hasta 20. O puedo pedir ayuda.